LIVING LIFE TO THE FULLEST
Intensive transformation

# DAY 20

ENGAGEMENT

BEING CHILD LIKE – FULLY PRESENT

PLAY – AS A CHILD

THINGS YOU CAN DO TO PLAY

CARD - COLOR – DRAW – SKIP - B0ARD GAMES - TELL A JOKE –

LAUGH FROM YOUR BELLY

1. TELL THE TRUTH
2. STAND TALL
3. WORK HARD

JOURNAL ABOUT YOUR DAY